

國立中興大學113學年度第1學期日間部體育課表(會議通過)

| 時間 | 8:10-10:00 | | | | | 10:10-12:00 | | | | | 13:10-15:00 | | | | | 15:10-17:00 | | | | | 17:10-19:00 | | | | |
|-----|------------|-------|-----|--------|------|-------------|-----------|-----|--------|------|-------------|-----------|-----|--------|------|-------------|-----------|--------|--------|------|-------------|------|-------|------|----|
| 節次 | 第一、二節 | | | | | 第三、四節 | | | | | 第五、六節 | | | | | 第七、八節 | | | | | 第九、十節 | | | | |
| | 編號 | 課名 | 教師 | 上課地點 | 人數 | 編號 | 課名 | 教師 | 上課地點 | 人數 | 編號 | 課名 | 教師 | 上課地點 | 人數 | 編號 | 課名 | 教師 | 上課地點 | 人數 | 編號 | 課名 | 教師 | 上課地點 | 人數 |
| 星期一 | 0002 | 輕艇1A | 賈俊瀚 | 康堤水域 | 0 32 | 0003 | 羽球1B | 林明宏 | 羽球場 | 4 40 | 0007 | 羽球1C | 簡英智 | 羽球場 | 4 40 | 0018 | 羽球1D | 簡英智 | 羽球場 | 4 40 | | | | | |
| | | | | | | 0005 | 高爾夫1B | 王耀聰 | 高爾夫練習場 | 4 40 | 0042 | 游泳1C | 林建宇 | 游泳池 | 0 32 | 0014 | 游泳1D | 林建宇 | 游泳池 | 0 32 | | | | | |
| | | | | | | 0028 | 輕艇1B | 賈俊瀚 | 康堤水域 | 0 32 | 0009 | 桌球1C | 許銘華 | 桌球室 | 4 36 | 0038 | 桌球1D | 許銘華 | 桌球室 | 4 36 | | | | | |
| | | | | | | 0019 | 桌球1B | 江信宏 | 桌球室 | 4 36 | 0011 | 高爾夫1C | 王耀聰 | 高爾夫練習場 | 4 40 | 0034 | 網球1D | 洪國修 | 網球場 | 4 40 | | | | | |
| | | | | | | | | | | | 0020 | 網球1C | 洪國修 | 網球場 | 4 40 | 0075 | 籃球1D | 賈凡 | B1綜合球場 | 4 40 | | | | | |
| | | | | | | | | | | | 0023 | 籃球1C | 賈凡 | B1綜合球場 | 4 40 | | | | | | | | | | |
| 星期二 | | | | | | | | | | | 0045 | 重量訓練2C | 陳明坤 | 健身房 | 0 36 | 0065 | 重量訓練2D | 陳明坤 | 健身房 | 0 36 | | | | | |
| | | | | | | | | | | | 0035 | 排球初級2C | 王美麗 | B1綜合球場 | 4 40 | 0040 | 羽球2D | 王美麗 | 羽球場 | 4 40 | | | | | |
| | | | | | | | | | | | 0027 | 彼拉提斯2C | 簡如君 | 舞蹈教室 | 0 31 | 0073 | 彼拉提斯2D | 簡如君 | 舞蹈教室 | 0 31 | | | | | |
| | | | | | | | | | | | 0072 | 游泳2C | 江信宏 | 游泳池 | 0 32 | 0081 | 游泳2D | 江信宏 | 游泳池 | 0 32 | | | | | |
| | | | | | | | | | | | | | | | | 籃球2D | 賈凡 | B1綜合球場 | 4 40 | | | | | | |
| 星期三 | | | | | | 0032 | 運動舞蹈3B | 莊淑蘭 | 舞蹈教室 | 0 31 | 076 | 羽球3C | 陳明坤 | 羽球場 | 4 40 | 0031 | 羽球3D | 陳明坤 | 羽球場 | 4 40 | | | | | |
| | | | | | | 0054 | 排球進階3B | 王美麗 | B1綜合球場 | 4 40 | 0043 | 運動舞蹈3C | 莊淑蘭 | 舞蹈教室 | 0 31 | 0053 | 運動與體重控制3D | 莊淑蘭 | 健身房 | 4 40 | | | | | |
| | | | | | | 0044 | 運動與體重控制3B | 梁建偉 | 健身房 | 4 40 | 0058 | 足球3C | 梁建偉 | 田徑場 | 4 40 | 0012 | 游泳3D | 林璇 | 游泳池 | 0 32 | | | | | |
| | | | | | | 0033 | 壘球3B | 涂鵬斐 | 田徑場 | 4 40 | 0006 | 高爾夫3C | 涂鵬斐 | 高爾夫練習場 | 4 40 | 0061 | 排球進階3D | 王美麗 | B1綜合球場 | 4 40 | | | | | |
| | | | | | | 0029 | 網球3B | 許家得 | 網球場 | 4 40 | 0041 | 游泳3C | 林璇 | 游泳池 | 0 32 | 0086 | 足球3D-五人制 | 梁建偉 | 五人制足球場 | 4 40 | | | | | |
| | | | | | | | | | | | 0060 | 排球進階3C | 王美麗 | B1綜合球場 | 4 40 | | | | | | | | | | |
| 星期四 | 0083 | 高爾夫4A | 許家得 | 高爾夫練習場 | 4 40 | 0055 | 運動與體重控制4B | 莊淑蘭 | 健身房 | 4 40 | 0062 | 運動舞蹈4C | 莊淑蘭 | 舞蹈教室 | 0 31 | 0010 | 運動與體重控制4D | 梁建偉 | 健身房 | 4 40 | | | | | |
| | 0077 | 飛盤4A | 李林鎰 | B1綜合球場 | 4 40 | 0068 | 高爾夫4B | 許家得 | 高爾夫練習場 | 4 40 | 0063 | 運動與體重控制4C | 梁建偉 | 健身房 | 4 40 | 0048 | 適應體育4D | 陳薇任 | 舞蹈教室 | 0 0 | | | | | |
| | | | | | | 0026 | 壘球4B | 余宗龍 | 田徑場 | 4 40 | 0056 | 羽球4C | 黃憲鐘 | 羽球場 | 4 40 | 0064 | 高爾夫4D | 許家得 | 高爾夫練習場 | 4 40 | | | | | |
| | | | | | | 0087 | 飛盤4B | 李林鎰 | B1綜合球場 | 4 40 | 0066 | 高爾夫4C | 涂鵬斐 | 高爾夫練習場 | 4 40 | 0059 | 羽球4D | 黃憲鐘 | 羽球場 | 4 40 | | | | | |
| 星期五 | 0013 | 高爾夫5A | 王耀聰 | 高爾夫練習場 | 4 40 | 0057 | 高爾夫5B | 王耀聰 | 高爾夫練習場 | 4 40 | 0079 | 高爾夫5C | 涂鵬斐 | 高爾夫練習場 | 4 40 | | | | | | | 0090 | 男生代表隊 | | 0 |
| | | | | | | 0071 | 壘球5B | 涂鵬斐 | 田徑場 | 4 40 | | | | | | | | | | | | 0091 | 女生代表隊 | | 0 |

國立中興大學 113 學年度第 1 學期日間部體育選課注意事項

NCHU's Undergraduate PE Course Selection Guidelines for the 1st Semester of the 2024 Academic Year

- 一、體育課程分為必修與選修兩部分，採興趣選項選課，自 111 學年度起入學者畢業條件必修 2 學分，但不計入畢業學分數；選修之體育課程依各學系(程)之畢業條件明細規定，至多採計 2 學分，採計為畢業資格之學分需符合本校學生選課辦法第五條規定。日間部及進修部體育課程不得互選。在學期間每人每學期限選 1 學分體育課程，畢業當學期若未修畢者，請依本校「暑期班開授及選修辦法」及「學生校際選課實施辦法」之規定，自行利用寒/暑修方式完成學分。

PE courses are both compulsory courses and electives; students can select the PE courses that they are interested in taking. Since the 1st Semester of the 2022 Academic Year, Physical Education: 2 credits, not included in the credits for graduation. For extra 2 PE credits can be counted as other departments. The credits counted for graduation qualification must comply with the regulations of the fifth article of the school's student course selection regulations. Undergraduate students cannot select extension education undergraduate program PE courses and vice versa. Students can take up to 1 PE course each semester. Graduating students that have not yet earned 2 PE credits should enroll in winter/ summer programs in compliance with the NCHU Regulation for Summer Time Classes and Course Selection and Implementation Rules for Inter-University Courses Selection to earn the necessary credits for graduation.

- 二、大一同學請在網路初選(本系級選課日)及全校網路加退選時選體育課程，一律上網辦理選課，特殊情形者請詳閱說明四。初選第四天(9/5)提供一年級學生選課，初選第五天(9/6)提供其他年級學生選課。

Freshmen students should add/remove PE courses during the online pre-selection period (course selection day for your department) and the school-wide online add/remove course period. Please refer to item 4 below for any special cases. Freshman students can select courses on the fourth day of the course selection period (9/5), while students of other grades can select courses on the fifth day (9/6) of the course selection period.

- 三、大二以上同學一律於初選最後一天(9/6)、全校網路加退選週(9/9-9/13)辦理選課。請同學務必把握各階段選課時間及注意教務處體育課選課相關公告。

Sophomore students and above will be able to select PE courses during the last day of the pre-selection period (9/6), the school-wide online add/remove course period (9/9-9/13). Please make sure to select PE courses during the designated course selection times and check the Office of Academic Affairs for announcements on PE course selections.

- 四、體育課程特殊情形權限加選說明：

特殊權限加選資格以四年級以上學生申請為原則，每班至多四個名額(除游泳、輕艇、重量訓練等課程，因場地設施、課程性質等因素限制故無開放名額)；申請者請於特殊情形權限加選期間(9/16-9/20)將最新一週課表及教師簽章之申請單繳回教學研究組後務必自行上網點選確認課程。

How to apply for authorized PE course selection:

4.1 Each PE course will have up to 4 seats for authorized PE course selection, with priority given to students in the senior students and above. Due to limited facilities or the nature of the courses, swimming, canoeing & kayaking, and weight training will not be available for course selection. Senior students and above can apply for authorized PE course selection between 9/16-9/20.

4.2 Applicants should submit their updated weekly schedule and teacher's signed/ stamped application form to the Division of Teaching and Research and then select the authorized course online during the

authorized course selection period (9/16-9/20).

- 五、研究生一律於全校網路加退選時間選體育課；研究生選修體育課程依本校「學生學雜費學分費與其他費用繳納辦法」第五條第六項：『研究生或進修學士班學生選修體育課程或國防教育課程，依文學院標準按每週授課時數繳交「學分費」。』

Graduate students should select PE courses during the school-wide online add/remove course period. Regarding payments for PE courses, please refer to Article 5 Item 6 of the NCHU Guidelines on the Payment of Miscellaneous Fees, Credit Fees and Other Fees: Graduate students or extension program undergraduates who take physical education or national defense education shall pay the credit fees according to the number of hours taught weekly in accordance with the credit fee scale of the College of Arts.

- 六、「適應體育」課程為提供身心障礙學生或生理疾病等因素不適合選修一般體育課程者，請符合資格之同學於**113年9月11日(星期三)前持近三個月內隸屬「區域醫院」或「醫學中心」之醫師證明至體育室教學研究組辦理選課**；為確保上課品質，**本課程每班人數上限為8人，並以高年級學生為優先**，上課地點為二樓舞蹈教室(行動不便者可搭乘體育館左側電梯)。

Adjustment & Interaction courses are exclusively for students with disabilities or physiological diseases that can not enroll in regular PE courses. If you are eligible for Adjustment & Interaction courses, please bring a doctor's note issued by a regional hospital or medical center within the past three months to the Office of Physical Education and Sports' Division of Teaching and Research on 9/11 (Wed.). To ensure teaching quality, Adjustment & Interaction courses can only accept a maximum of 8 students. Sophomore students and above will have priority when selecting courses. Adjustment & Interaction courses will be held in the 2F dance room.

- 七、其他注意事項：

1. 運動績優生應修「男(女)生代表隊」課程3學年(連續6個學期)才可畢業，惟運動專長項目非本校運動代表隊之項目者，不受此限。
2. 各項運動代表隊同學切勿自行選課，請於開學後直接向教練登記。
3. 依「國立中興大學運動代表隊組訓暨輔導管理辦法」第十一條規定：運動代表隊同學不得申請「停修課程」。
4. 修習網、羽、桌球者請自備球拍(修習羽球者請自備室內羽球鞋)、修習游泳課者請自備泳具。
5. 體育課請穿著運動服裝及運動鞋或授課老師規定之服裝。
6. 選課號碼**0035**排球初級班選課對象為個人對牆(空)高、低手傳球不落地無法超過50球或雙人對傳高、低手球不落地無法超過50球者。
7. 選課號碼**0054、0060、0061**排球進階班為已具備基本高/低手傳球能力者，未修過初級班的同學請勿選修進階班。
8. 為維護本校學生修課權益，體育課程不開放校際選課。
9. 科目名稱A為1、2節課，B為3、4節課；C為5、6節課，D為7、8節課，E為9、10節課。

Others:

7.1 Student-athletes are required to enroll in Men's Varsity or Women's Varsity courses for 3 academic years (6 consecutive semesters) to graduate. Student-athletes specializing in sports that NCHU does not have a varsity team for are exempt from this rule.

7.2 Students registering for Men's Varsity or Women's Varsity courses will not be able to select the course and will have to register with the teams' coaches after the university starts.

7.3 According to Article 11 of the NCHU Varsity Team Training & Coaching Regulations, students on

varsity teams cannot apply to withdraw from varsity courses.

- 7.4 Students taking tennis, badminton, and table tennis should bring their own rackets or paddles (students taking badminton should bring their own badminton shoes for indoor courts). Students taking swimming should bring their own swim gear.
- 7.5 Please wear sportswear and sneakers or comply with the course lecturer/professor's suggested outfits for PE courses.
- 7.6 Beginner's volleyball is only for students that are unable to maintain 50 overhand/underhand passes against a wall (in air) or students that are unable to maintain 50 overhand/underhand passes with another player.
- 7.7 Advanced volleyball is only for students that have mastered the fundamentals of overhand/ underhand passes. If you have not taken a beginner's volleyball course yet, please do not register for advanced volleyball courses.
- 7.8 To protect the interests of NCHU students, **PE courses are not available for students from other universities.**
- 7.9 Course name A is for sessions 1 and 2, B is for sessions 3 and 4; C is for sessions 5 and 6, D is for sessions 7 and 8, and E is sessions 9 and 10.

◆體育選課相關問題請洽詢體育室教學研究組：04-22840230#213

If you have any other questions regarding how to select PE courses, please contact the Office of Physical Education and Sports' Division of Teaching and Research.

我可以在什麼時候選體育課?

When can I select Physical Education courses?

大學部一年級學生 freshman

•網路初選

Online Initial Selection

113/09/05、09/06

•全校網路加退選

University-wide Online Add/Drop

113/09/09~09/13



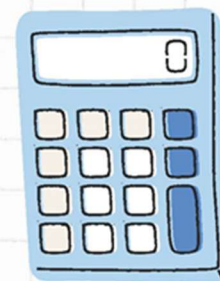
研究所學生 Graduate Students

•全校網路加退選

University-wide Online Add/Drop

113/09/09~09/13

(需另繳學分費 Additional credit fees apply)



交換生 Exchange Students

•網路初選

Online Initial Selection

113/09/06

•全校網路加退選

University-wide Online Add/Drop

113/09/09~09/13



大學部二年級以上學生 sophomore and above

•網路初選

Online Initial Selection

113/09/06

•全校網路加退選

University-wide Online Add/Drop

113/09/09~09/13

•特殊情形權限加選(申請資格: 四年級以上學生優先)

Optional permissions for special situations(Application qualifications: Priority is given to students in grade four or above)

113/09/16~09/20



備註:
各年級選課時間依教務處課務組公告之「國立中興大學113學年度第1學期學士班選課時間表」為準。
Notes: The course selection times for each grade are based on the "National Chung Hsing University 113 Academic Year 1st Semester Bachelor's Program Course Selection Schedule" announced by the Academic Affairs Office.

國立中興大學 113 學年度第 1 學期進修學士班體育選課注意事項

NCHU's Continue Bachelor program PE Course Selection Guidelines for the 1st Semester of the 2024 Academic Year

- 一、體育課程分為必修與選修兩部分，採興趣選項選課，自 111 學年度起入學者必修 2 學分，不計入畢業學分；選修之體育課程依各學系(程)之畢業條件明細規定，至多採計 2 學分，採計為畢業資格之學分需符合本校學生選課辦法第五條規定。日間部及進修部體育課程不得互選。在學期間每人每學期限選 1 學分體育課程，畢業當學期若未修畢者，請依本校「暑期班開授及選修辦法」及「學生校際選課實施辦法」之規定，自行利用寒/暑修方式完成學分；體育學分不列入各學系規定之畢業總學分數。

PE courses are both compulsory courses and electives; students can select the PE courses that they are interested in taking. Since the 1st Semester of the 2022 Academic Year, Physical Education: 2 credits, not included in the credits for graduation. For extra 2 PE credits can be counted as other departments. The credits counted for graduation qualification must comply with the regulations of the fifth article of the school's student course selection regulations. Undergraduate students cannot select extension education undergraduate program PE courses and vice versa. Students can take up to 1 PE course each semester. Graduating students that have not yet earned 2 PE credits should enroll in winter/ summer programs in compliance with the NCHU Regulation for Summer Time Classes and Course Selection and Implementation Rules for Inter-University Courses Selection to earn the necessary credits for graduation.

- 二、學士班學生請在網路初選(本系級選課日)及全校網路加退選時選體育課程，一律「網路辦理選課」。請同學務必把握各階段選課時間及注意教務處體育課選課相關公告。

Bachelor's degree students are required to select physical education courses during the online primary selection and the school-wide online selection process. All course selections must be done online. Students are advised to grasp the course selection time for each stage and pay attention to the relevant announcements about physical education course selection from the Academic Affairs Office.

- 三、體育課程特殊情形權限加選說明：

特殊權限加選資格以四年級以上學生申請為原則，每班至多四個名額(除游泳課程，因場地設施及課程性質等因素限制故無開放名額)；申請者請於特殊情形權限加選期間(9/16-9/20)將最新一週課表及教師簽章之申請單繳回教學研究組後務必自行上網點選確認課程。

How to apply for authorized PE course selection:

3.1 Each PE course will have up to 4 seats for authorized PE course selection, with priority given to students in the senior students and above. Due to limited facilities or the nature of the courses, swimming, canoeing & kayaking, and weight training will not be available for course selection. Senior students and above can apply for authorized PE course selection between 9/16-9/20.

3.2 Applicants should submit their updated weekly schedule and teacher's signed/ stamped application form to the Division of Teaching and Research and then select the authorized course online during the authorized course selection period (9/16-9/20).

- 四、「適應體育」課程為提供身心障礙學生或生理疾病等因素不適合選修一般體育課程者，請符合資格之同學於 113 年 9 月 11 日(星期三)前持近三個月內隸屬「區域醫院」或「醫學中心」之醫師證明至體育室教學研究組辦理選課；為確保上課品質，本課程每班人數上限為 8 人，並以高年級學生為優先，上課地點為二樓舞蹈教室(行動不便者可搭乘體育館左側電梯)。

Adjustment & Interaction courses are exclusively for students with disabilities or physiological diseases that

can not enroll in regular PE courses. If you are eligible for Adjustment & Interaction courses, please bring a doctor's note issued by a regional hospital or medical center within the past three months to the Office of Physical Education and Sports' Division of Teaching and Research on 9/11 (Wed.). To ensure teaching quality, Adjustment & Interaction courses can only accept a maximum of 8 students. Sophomore students and above will have priority when selecting courses. Adjustment & Interaction courses will be held in the 2F dance room.

五、其他注意事項：

1. 各項運動代表隊同學切勿自行選課，請於開學後直接向教練登記。
2. 依「國立中興大學運動代表隊組訓暨輔導管理辦法」第十一條規定：運動代表隊同學不得申請「停修課程」。
3. 修習網、羽、桌球者請自備球拍（修習羽球者請自備室內羽球鞋）、修習游泳課者請自備泳具。
4. 體育課請穿著運動服裝及運動鞋或授課老師規定之服裝。
5. 為維護本校學生修課權益，**體育課程不開放校際選課。**

Others:

- 5.1 Students registering for Men's Varsity or Women's Varsity courses will not be able to select the course and will have to register with the teams' coaches after the university starts.
- 5.2 According to Article 11 of the NCHU Varsity Team Training & Coaching Regulations, students on varsity teams cannot apply to withdraw from varsity courses.
- 5.3 Students taking tennis, badminton, and table tennis should bring their own rackets or paddles (students taking badminton should bring their own badminton shoes for indoor courts). Students taking swimming should bring their own swim gear.
- 5.4 Please wear sportswear and sneakers or comply with the course lecturer/professor's suggested outfits for PE courses.
- 5.4 To protect the interests of NCHU students, **PE courses are not available for students from other universities.**

◆體育選課相關問題請洽詢體育室教學研究組：04-22840230#213

If you have any other questions regarding how to select PE courses, please contact the Office of Physical Education and Sports' Division of Teaching and Research.