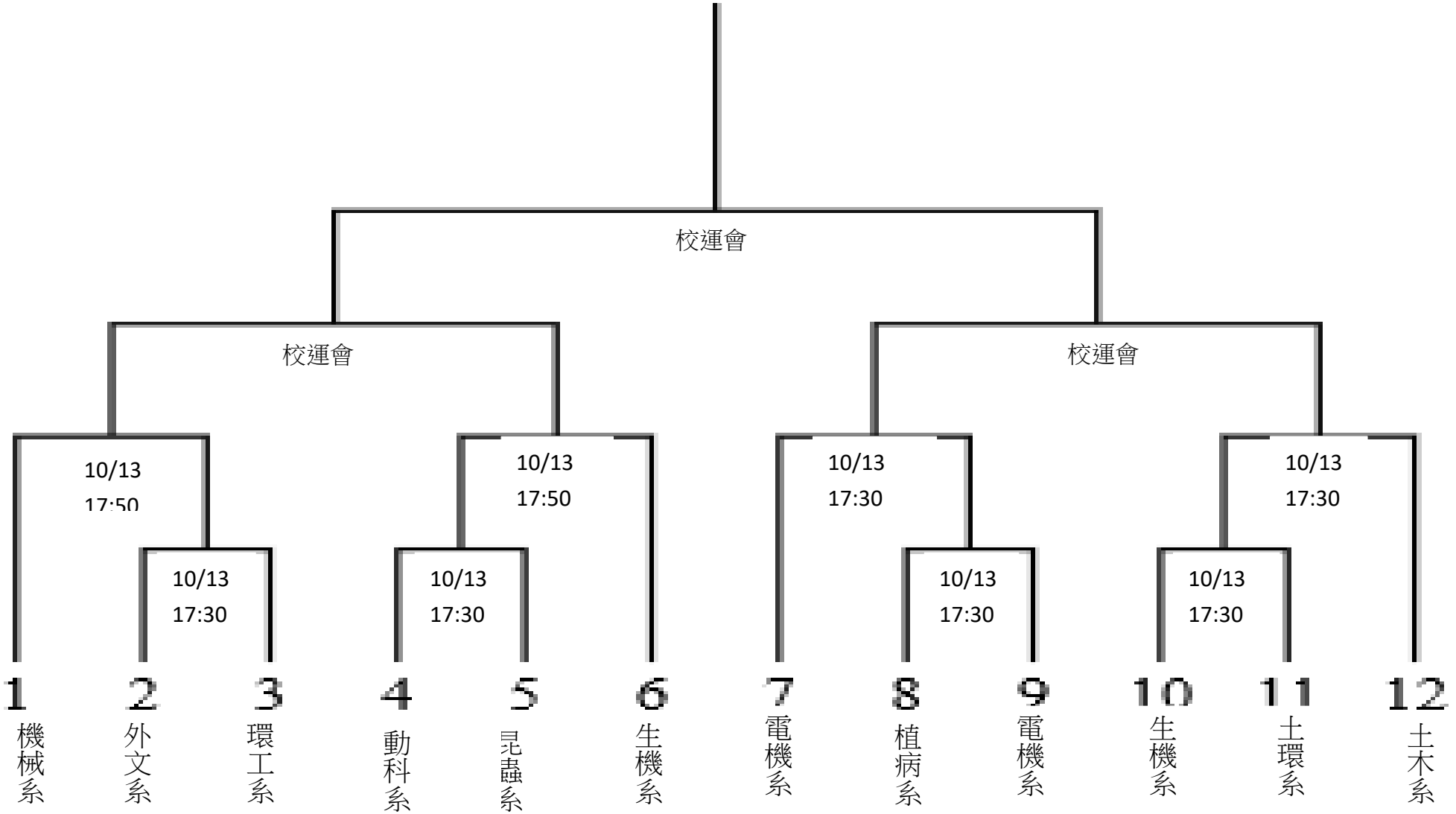109 學年度系際盃男生拔河錦標賽