

# National Chung Hsing University

## Administrative Regulations for the Organization, Training, and Supervision of Varsity Teams

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Article 1 National Chung Hsing University (hereinafter referred to as NCHU or “the University”) has formulated the *Administrative Regulations for the Organization, Training, and Supervision of Varsity Teams* (hereinafter referred to as “the Regulations”) to promote sports and athletic activities on campus, boost the University’s athletic development, and effectively enhance the training outcomes of NCHU varsity teams who can then earn accolades as representatives of the University.

Article 2 Organization and training

1. NCHU students who are physically fit and who demonstrate outstanding performance in sports may join the University’s varsity teams.
2. NCHU varsity teams shall hold tryouts in the first month of the fall semester each academic year. Each varsity team shall announce the date and location of its tryouts separately.
3. Students selected to participate on a varsity team (excluding students in their first semester on a varsity team and outstanding student athletes) shall be exempt from completing physical education courses, and their physical education grade shall be determined by their coaches based on their attitude, spirit, diligence, and technical performance.
4. Varsity team coaches shall draft the training plans for their teams. In principle, teams shall train twice a week at the locations scheduled through discussion in the Coaches Meeting.
5. Varsity team members shall be granted official leave when representing the University in domestic or international sports competitions.
6. Participants in league games and intercollegiate sports championships organized by the Chinese Taipei University Sports Federation shall be reimbursed for travel expenses in accordance with the University’s regulations.
7. Team members must follow their coaches’ instructions during training and competitions.
8. Coaches may request that rewards be issued by the University to winners of off-campus competitions based on the students’ performance. If a varsity team member disobeys instructions or exhibits behavior that is detrimental to the University’s reputation, the student’s coach may deduct points from their physical education grade and request that disciplinary action be taken against them after deliberation by the University.
9. Students selected for varsity may not apply to withdraw from their team without good reason.
10. Course selection and program length of regular varsity team members and outstanding student athletes:
  - 1) Outstanding student athletes: The Teaching and Research Division shall handle the selection of physical education courses for outstanding student athletes via manual selection of courses in the varsity sports that the students specialize in (students shall not select these courses online themselves). Outstanding student athletes must participate in their varsity team’s training, events, and competitions and help promote athletic activities in their affiliated departments (with their coaches’ consent) during their first three years of study while maintaining passing grades in order to graduate. This graduation requirement shall apply to students enrolled in the 2015-2016

Academic Year and later. However, it shall not apply to students selected for a varsity team in a sport that the student does not specialize in; in such cases, the student athlete shall be subject to the same course selection rules as regular students.

- 2) Regular students: Students who join a varsity team shall undergo a trial period in their first semester before they can be listed as an official team member in the second semester after passing an evaluation by their coach. Students in their first semester after joining varsity shall not be listed as official varsity team members and shall select regular physical education courses online. The Teaching and Research Division shall help official varsity team members manually select the varsity sports courses they specialize in (students shall not select these courses online by themselves). The credits received from the varsity sports courses shall count toward those received from regular physical education courses. Students must complete two semesters of such courses in order to graduate.
11. The Teaching and Research Division, Office of Physical Education and Sports shall select physical education courses for varsity team members by submitting a physical list to the Curriculum Division. Students who are enrolled in the courses “Men’s Varsity Teams” and “Women’s Varsity Teams” may not apply to drop these courses.
12. Varsity team members who sustain sports injuries during on-campus training shall be treated in accordance with the University’s procedures for handling on-campus accidents and injuries. Group accident insurance coverage shall be required for all participants in off-campus competitions.
13. The Office of Physical Education and Sports shall hold annual seminars on sports injuries (with a focus on discussion of the characteristics of the most common injuries occurring in each varsity team’s sport) for varsity team members and their coaches.

### Article 3 Supervision and management

1. NCHU students who join a varsity team shall actively participate in training, events, and competitions while maintaining their academic performance. Students with poor academic performance may submit an application through the Office of Physical Education and Sports and the office of their affiliated department or institute in accordance with the *National Chung Hsing University Guidelines for the Implementation of Individualized Learning Support Services*.
2. Varsity team members are obliged to assist the Office of Physical Education and Sports with the organization of competitions or events.
3. Depending on the performance of students in competitions, coaches may request that rewards be issued by the University to winners of off-campus competitions. If a varsity team member disobeys instructions or exhibits behavior that is detrimental to the University’s reputation, the student’s coach may deduct points from their physical education grade, remove them from the varsity team (does not apply to outstanding student athletes), and/or request that disciplinary action be taken against them after deliberation by the University.

### Article 4 Evaluations

All NCHU varsity teams organized, trained, and coached under the University’s Office of Physical Education and Sports (hereinafter referred to as “the Office”) shall undergo an evaluation.

1. Evaluation procedures:
  - 1) The Director of Physical Education and Sports shall appoint five to seven NCHU faculty members to form an evaluation committee to handle the evaluation of all varsity teams.
  - 2) Evaluations shall be held in the form of a document review in late May each year.
  - 3) During the document review, varsity team captains shall present and explain the contents of the materials to the evaluation committee.
2. Evaluation criteria:
  - 1) Team organization (10%)
  - 2) Annual training plan (10%)
  - 3) Training implementation and outcomes (50%)
  - 4) Filing of team information (10%)
  - 5) Administrative coordination (10%)
  - 6) Special features (10%)

3. Rewards and penalties:

- 1) Winners of Distinction Awards shall be awarded an award certificate and a monetary reward of NT\$5,000. Winners of Excellence Awards shall be awarded an award certificate and a monetary reward of NT\$3,000, NT\$2,000, or NT\$1,000.
- 2) Varsity teams that miss their evaluation without good reason shall not receive funding for their participation in the intercollegiate games in the following year. Varsity teams that fail their evaluation shall be given a deadline for improvement and shall lose half their funding in the following year if no improvements are made.

Article 5 These Regulations shall be promulgated and implemented after passage by the Office's General Meeting and submission to the President for approval. The same shall hold true when amendments are made.