

Journal of NCHU Physical Education Research

Instructions for Manuscript Submissions

December 22, 2015 Revisions approved by the Editorial Board for the 15th issue of the Journal of NCHU Physical Education Research
February 15, 2019 Revisions approved by the Editorial Board for the 19th issue of the Journal of NCHU Physical Education Research
February 19, 2021 Revisions approved by the Editorial Board for the 20th issue of the Journal of NCHU Physical Education Research

1. The Journal of NCHU Physical Education Research is an annual journal that provides academic publishing opportunities and a channel for communication in the field of physical education and sports science. The Journal employs a review mechanism and accepts submissions of academic papers in the field of physical education and sports science on a first-come-first-serve basis.
2. **The first page of the manuscript must contain the title, list of author(s), affiliated unit, and contact information (address, telephone number, fax number, and email address) of the corresponding author.**
3. This journal accepts online submissions of electronic manuscripts in the following **format: A4-size, 12-point font with line numbers, up to 26 lines per page. Chinese punctuation marks apart from parentheses must be full-width; Roman alphabet punctuation marks and parentheses must be half-width, regardless of the language used; a space should be used before and after parentheses to ensure proper spacing between words.**
4. **Manuscript abstracts should adhere to the following word limits: 400 words for Chinese abstracts and 250 words for English abstracts. Abstracts must include research purpose, methods, results, and conclusion in a single paragraph and contain no more than five keywords.**
5. **Manuscripts may contain a maximum of eight figures and tables.** Table numbers should be left-aligned and placed at the top of the table, and numbering should be sequential ('Table 1', 'Table 2', 'Table 3'...). Table titles should be left-aligned and placed below the table number. Titles should be directly above the corresponding table, with no blank lines between them. Figure numbers should be centered and placed underneath the figure, and numbering should be sequential ('Figure 1', 'Figure 2', 'Figure 3'...). Figure descriptions should be placed on the same line as the number; they should follow the heading, with a full-width space between the number and description.
6. To ensure consistency, authors should follow APA or humanities style guidelines (citation style for references). **A maximum of 30 citations are allowed, and all citations made in the body of the paper must be listed in the references section.** In principle, papers in the natural sciences may only cite literature published within the past five years and may not cite books or newspapers. The Journal will conduct a format review of submitted papers and return any manuscripts that do not conform to the Journal's style guidelines for further revision.
7. The Journal will retain the copyright of any manuscript accepted for publication, and reserves the right to edit and abridge manuscripts. A copyright assignment agreement must be submitted with the submission of each manuscript. Papers may not be republished in another publication without the consent of the Journal. The Journal does not accept dual submissions and will not publish manuscripts previously published in or plagiarized from other publications. Violators shall bear all legal liability.
8. Each issue of the Journal will only accept up to two submissions from the same author. Manuscripts should be submitted via email to **nchu202@dragon.nchu.edu.tw**. There is no fee for review, but a publication fee of NT\$1,500 will be charged for the publication of each manuscript. Faculty members and students in the University's Office of Physical Education

and Sports, Graduate Institute of Sports and Health Management, and Bachelor Program of Innovative Industry Management are eligible for a 50% discount on the fee. Manuscripts may not exceed 12 pages after formatting; an additional fee of NT\$300 will be charged for each extra page. The payment information is as follows:

Account name: National Chung Hsing University Endowment Fund 401 Special Account

Account number: 40130099556 First Commercial Bank Taichung Branch)

9. Section formatting requirements for manuscripts submitted to the Journal:

(1) Original paper

i. Papers in the natural sciences:

- a. Introduction (introduction/background: including the relevant theories, studies, motivation, and purpose)
- b. Methods (including the research subjects, tools, and data processing methods employed)
- c. Results and discussion (including the statistical interpretation of research results and the discussion of research results)
- d. Conclusion (presentation of conclusions and recommendations)

References (grouped by language in the following order: Chinese, English, and other foreign languages)

ii. Qualitative studies and papers in the humanities:

- a. Introduction (including background, purposes, methods)
- b. Body and notes (may be separated into sections; for example, Sections I, II, and III)
- c. Conclusion (numbered sequentially; for example, the conclusion would be Section V if the body is separated into three sections)

(2) Review article

- a. Introduction
- b. Sectioned description
- c. Conclusion

References