

NATIONAL CHUNG HSING UNIVERSITY

Rock Climbing Permit Application

Date filled out: / / (MM/DD/YYYY)

Club/Unit Name		Event Name	
Event Start Date		Event End Date	
No. of Participants		Participants	
Applicant's Name		Applicant's Mobile No.	
Applicant's Title or Year of Study and Associated Department		Applicant's Email Address	
Important Notes			
Application Deadline	Applications must be submitted two weeks prior to the event. If any changes are made to the event after approval, a separate application must be submitted in advance.		
Application Forms	1. Events: Permit applications for lectures, inter-university events, or university-wide events should be submitted together with a completed NCHU Rock Climbing Safety Rules and Liability Waiver and the Daily Health Declaration, as well as an event proposal and a copy of the event permit application form approved by the Division of Extracurricular Activities.		
	2. Club activities: The NCHU Rock Climbing Safety Rules Liability Waiver and Daily Health Declaration should be filled out and submitted together with the event calendar of the given semester and a copy of the event permit application form approved by the Division of Extracurricular Activities.		
	<input type="checkbox"/> Liability Waiver <input type="checkbox"/> Health Declaration <input type="checkbox"/> Event proposal <input type="checkbox"/> On-site safety personnel information		
Instructor (signature and seal)		Event organizer (signature and seal)	
Clerk at the Venue Facilities Division (signature and seal)		Chief of the Venue Facilities Division (signature and seal)	
Director of the Office of Physical Education and Sports (signature and seal)		Seal of the Office of Physical Education and Sports	<input type="checkbox"/> Approved <input type="checkbox"/> Denied
On-Site Safety Personnel (add rows as needed)			
Full Name		Certificate	Certificate ID No.
Please attach a photocopy of the certificate here (front).		Please attach a photocopy of the certificate here (back).	
Signature of safety personnel: _____ Date: / / (MM/DD/YYYY)			

NCHU Rock Climbing Safety Rules

This is a statement of personal safety for individuals participating in climbing, belaying, and spotting. To ensure safety, it is both the right and responsibility of every user of this facility to comply with the following rules. Thank you for heeding our frequent reminders and helping us create a safe climbing environment. We appreciate you taking the time and energy to learn the proper climbing, belaying, and spotting techniques and ask that climbers abide by the following safety rules:

Top-Rope Climbing and Belaying Rules

- First-time climbers must fill out their personal information and sign the liability waiver. Climbers are responsible for familiarizing themselves with the safety information and ensuring their own ability to climb and belay safely.
- Climbers and belayers are responsible for each other's safety and must inspect each other's safety equipment and fully communicate with one another before starting a climb.
- Users of the rock climbing walls must sign the health declaration for each use.
- Climbers must use belay devices, climbing harnesses, and other climbing equipment approved by the Union Internationale des Associations d'Alpinisme (UIAA) or in compliance with the European CE standards or other internationally recognized standards.
- Your climbing harness must sit above the hip and its waistbelt must be secured with the buckles doubled back.
- A figure-eight knot must go through both the waistbelt and leg loops of a sit harness or be attached to a full-body harness as instructed in the manual.
- After tying a figure-eight knot, at least 10 cm of rope should be left to tie an overhand knot for security.
- Do not bring hard or sharp objects with you when climbing.
- Prior to each climb, please check your personal belongings and remove any objects (e.g., phone, purse, keys, etc.) that may fall during your climb, so that they don't hurt someone.
- Be sure to secure your belay device, lock your carabiners, and communicate with each other using climbing commands.
- Before a climb, please make sure that you are both physically and psychologically fit for rock climbing.
- Your brake hand should never leave the rope when belaying or lowering a climber.

Lead Climbing Rules

Lead Belaying

- All top-rope belaying rules (e.g., safe climbing/belaying knowledge and skills, securing and doubling back buckles, keeping the brake hand on the rope at all times) apply here.
- Belayers must stay on their feet and keep their attention on their climber at all times.
- Allow some slack in ropes without compromising safety.
- Belayers must be able to ensure effective braking of the rope when their climber falls and use dynamic belaying to reduce their climber's chance of injury.
- To prevent long drops, belayers must ensure that an appropriate length of rope is maintained both before and after their climber clips each quickdraw.
- Belayers must stay on their feet and keep their full attention on the task at hand, and must avoid chatting with others, talking on the phone, drinking, or other distractions.
- Your brake hand should not be higher than the three o'clock position when belaying or lowering a climber.
- Climbers must not put their fingers through or their feet on any bolt or piece of metal hardware within the facility.
- To reduce the danger of accidents, climbers should consider the direction of a potential fall and try to reduce the angle of the arc.
- Belayers must point out any dangerous action performed by their climber (e.g., rope not placed between both hands, rope snagged by a quickdraw, and danger of swing fall due to large deviation from their route).
- Running and playing within the facility are forbidden. Small children must be accompanied by a guardian and pets are not allowed in the rock climbing facility. To ensure the safety of climbing and belaying, personal belongings may not be placed within the facility.
- When climbing, small children must be accompanied by and assisted by their guardian, who shall fulfill their duty as caregivers.
- Do not step on ropes or pull on them in a hazardous way.
- Do not disturb other climbers and belayers.
- In case of physical discomfort, please seek assistance from the facility manager or an assistant.
- Do not try to remove or affix any of the climbing holds yourself. If you discover a loose climbing hold, please notify the facility manager.

Lead Climbing

- All top-rope climbing rules (e.g., doubling back the harness buckles) apply here.
- All ropes (mind the pitch) and quickdraws must be UIAA-approved or in compliance with European CE standards or other internationally recognized standards.
- Climbers must clip their rope into all of the quickdraws along their routes and may not skip any of them.
- Climbers must clip their rope into the quickdraws in the correct direction to prevent accidental release.
- Climbers must clip their rope into each quickdraw before it is lower than their feet.
- Climbers should not clip their rope into the quickdraws in a way that results in a zig-zag pattern (e.g., clipping their rope onto bolts on two adjacent routes), so as to avoid a zipper effect that causes the anchor points to be pulled out by the rope and fall in succession.
- Please refrain from performing maneuvers beyond your physical limits when climbing.
- Please refrain from performing maneuvers beyond your physical limits when climbing.
- Climbers who are deviating from their route should take care not to disturb adjacent climbers.

Bouldering Rules

Even when bouldering on surfaces that are only a few meters high, climbers and spotters must take safety precautions and pay attention to the safety of other boulderers and climbers around them. Improper falling and spotting techniques may result in serious injury or even death. Bouldering is not encouraged in the climbing area. Boulderers must understand the inherent risks in the sport of rock climbing and bouldering (as crash pads cannot be placed in the climbing area) and both boulderers and climbers must bear responsibility for their own safety.

- Please refrain from performing maneuvers beyond your physical limits when climbing.
- Climbers may only climb up to the red line on the climbing walls.
- Climbers who are performing difficult maneuvers must be accompanied by a spotter.
- Boulderers should avoid cutting across the climbing routes of rope climbers. Spotters should assess their own ability before spotting for a boulderer and must always let rope climbers go first.
- When mapping out a route, please take note of the other climbers around you.

Personal Responsibility

Climbers must understand the inherent risks in the sport of rock climbing (especially lead climbing) and that every climber, belayer, and spotter must all bear responsibility for the safety of themselves and their climbing partner.

Guardians of climbers below 20 years of age must read through and sign the liability waiver and guarantee that their ward will not belay or spot for other persons until they pass the belay or spotting test. Climbers whose guardians are unable to sign the liability waiver in person shall sign the Guardian Liability Release Form for Minors.

Guardians of climbers below 12 years of age must read through and sign the liability waiver, guarantee that their ward will not belay or spot for other persons, and accompany their ward at all times.

Taking the time to learn proper climbing, belaying, and spotting techniques will improve your experience and ensure the safety of everyone involved. We remind every participant to actively take responsibility for their own actions and to help others abide by these climbing rules.

NATIONAL CHUNG HSING UNIVERSITY

Rock Climbing Safety Rules and Liability Waiver

Personal Information

Name: _____	Unit/Department/Institute: _____	Student ID No.: _____
National ID No.: _____	Date of Birth: _____	Occupation: _____
Telephone: _____	Email: _____	
Emergency Contact: _____	Emergency Contact No.: _____	

(The personal information you provide here will be used and stored in accordance with the *Personal Data Protection Act*. To ensure your privacy, we will not disclose your information to other groups or individuals.)

I, _____, understand that there are inherent dangers, both expected and unanticipated, in the sport of rock climbing that may result in physical or psychological harm, paralysis, or death; this may include harm to the person or property of myself or a third party. I also fully understand that in rock climbing there are unavoidable dangers and risk factors that are impossible to mitigate, which include the following arising from said activities and other related matters: the risk of falling when climbing and hitting the floor or other people; the risk of being hit by other climbers, climbing holds, or other falling objects; the risk of being injured by the climbing structure or the walls, ropes, fixtures, or other devices within the facility; and the risk of human error, equipment failure, or performing actions or maneuvers that are beyond my personal limits.

I understand the difficulties faced by the non-NCHU instructors/assistants and NCHU management personnel at the rock climbing facility, who strive to ensure that we are provided with a safe environment and are equipped with the relevant safety knowledge and skills. I also understand that they may sometimes overlook the physical or mental state of activity participants or misread the weather, environment, or other unfavorable conditions and are therefore unable to always provide adequate warning or instructions to prevent every accident. To ensure the safety of all users of the facility, I agree to abide by the following rules when using the NCHU rock climbing wall:

1. Non-NCHU instructors/assistants and NCHU management personnel may give warnings to violators of the safety rules and may immediately suspend violators from using the facility in case of serious violations.
2. To monitor on-site safety, non-NCHU instructors/assistants and NCHU management personnel may instruct climbers and belayers in accordance with the *NCHU Rock Climbing Safety Rules*.
3. Only use climbing equipment approved by the UIAA or in compliance with the European CE standards on the rock climbing wall.
4. Facility users shall ensure the safety of their own equipment and agree to bear sole responsibility for any accidents arising from the use of said equipment.
5. Operate the rock climbing equipment as instructed in the manual and do not use rock climbing equipment that you are not familiar with.
6. Assess your own capabilities before climbing and do not perform climbing maneuvers or techniques beyond your physical limits.
7. Upon entering the facility, be mindful of the safety of your own and others' person and property and follow rock climbing etiquette and safety rules.
8. The facility retains the right to schedule NCHU courses and adjust the opening hours, so as to ensure a comfortable space for climbers partaking in rock climbing activities.

I have read and understand the content of the Safety Rules and Liability Waiver set forth above and agree to bear sole responsibility for any physical injury or property damage inflicted on myself or others that arises from my intentional or accidental violation of the rules above; I will not hold National Chung Hsing University and/or the non-NCHU instructors/assistants and NCHU management personnel liable for any legal obligations.

(The personal information you provide here will be used and stored in accordance with the *Personal Data Protection Act*. To ensure your privacy, we will not disclose your information to other groups or individuals.)

Signatory: National ID no.: Date of signature:	Signature of the guardian of a minor: National ID no. (guardian):
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Guardian Liability Release Form for Minors

I, _____, hereby state that my guardian is unable to personally sign the Rock Climbing Safety Rules and Liability Waiver but has been fully informed of the content of the NCHU Rock Climbing Safety Rules and the Liability Waiver by myself and has agreed to the contents set forth within. My guardian has authorized me to sign this Guardian Liability Release Form for Minors in their stead and agrees that my guardian and I shall bear joint responsibility for any harm caused to the person or property of myself or any third party arising from my intentional or accidental violation of the aforementioned rules. We will not hold National Chung Hsing University and/or the non-NCHU instructors/assistants and NCHU management personnel liable for any legal obligations.

Signatory:	National ID no.:	Date of signature:
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NATIONAL CHUNG HSING UNIVERSITY

Rock Climbing Health Declaration

Date filled out: ____/____/____; _____ (MM/DD/YYYY; day of week)

I fully understand the principles behind the sport of rock climbing and am aware that the potential risks that come with it may result in physical or psychological harm, paralysis, or death, and may even cause harm to the person or property of a third party. These risks may stem from being in a physical or psychological state in which I am unfit for rock climbing, from inexperience or improper techniques, from being unfamiliar with equipment and devices or using inappropriate ones, or from being unfamiliar with the facility or not being skilled enough to use it. To ensure my physical and psychological safety, I agree to and shall comply with the following statements and hereby affix my signature below to assume responsibility:

1. I am physically fit for rock climbing and have no congenital or acquired diseases or other medical conditions for which I have been counseled not to partake in sports.
2. I am psychologically fit for rock climbing and not in a poor or unstable mental state.
3. In case of physical or psychological distress, I will immediately inform the instructor or facility personnel and stop partaking in rock climbing.
4. If I am injured or find that another person is injured, I will not attempt to move or to move the injured person, and I will immediately notify the non-NCHU instructors or assistants.

I have read and understand the contents of the Health Declaration set forth above and agree to bear sole responsibility for any physical injury or property damage inflicted on myself or others that arises from my intentional or accidental violation of the rules above; I will not hold National Chung Hsing University and/or the non-NCHU instructors/assistants and NCHU management personnel liable for any legal obligation.

(The personal information you provide here will be used and stored in accordance with the *Personal Data Protection Act*. To ensure your privacy, we will not disclose your information to other groups or individuals.)

NCHU Members (signature)	NCHU Members (signature)	Non-NCHU Members (signature)	Non-NCHU Members (signature)